

# GOA SPORTS DAY

The GOA Sports day was held on the 16<sup>th</sup> March 2014 at the Dural Recreation Centre amidst great enthusiasm and youthful exuberance. The young and the young at heart participated in the various events with gay abandon.

A number of indoor games were on offer and participants whole heartedly took part in those events. We had Roy Rosario the event manager keeping his hold on the Carom board games, taking top position once more; And the Sportswoman of the day **Sandy Antao** taking the top position in all the games in the women's category– Carom, Table Tennis, Darts and Badminton --- truly a **Superwoman that day!**



The following were the winners and runner up for the games:

<u>Event</u>	<u>Winner</u>	<u>Runner up</u>
Men's Carom	Roy Rosario	Oscar Antao
Men's TT	Alwyn Henriques	Nestor Rego
Men's Badminton	Abel Do Rosario	Sheldon Braganza
Men's darts	Johan Menezes	
Ladies carom	Sandy Antao	Noreen Do Rosario
Ladies TT	Sandy Antao	Deanne Do Rosario
Ladies badminton	Sandy Antao	Noreen Do Rosario
Ladies darts	Sandy Antao	Noreen Do Rosario



A key feature of the GOA Sports Day was the Zumba Dance, where participants took part in the event and thoroughly enjoyed it. Happy faces and great dance moves were on display.



Another feature of the day was a collection taken on behalf of the Zumba Instructor and the proceeds were donated to the GHARA organisation in Goa, India.

The Zumba moves can be viewed at the YouTube video on the GOA website.

[www.goansw.org](http://www.goansw.org)



Lunch consisting of Chicken biryani and kababs was catered by one of our own GOA committee member – Bernard D'souza and thoroughly enjoyed by everyone. Even though it was a soggy and rainy day but the degree of participation and community spirit shown by one and all was commendable.

Looking forward to the next GOA Sports Day – you bet!!